

**REBECCA J. HEDGECOCK, MA, NCC, LPC**  
**103 HOLLY DRIVE, SOUTHPORT, NC 28461**  
**SOUTHPORT, NC 28461**  
**CELL: 910-987-6491 OR 910-366-2946**

## **VITAÉ**

### **OBJECTIVE**

I believe the position of a peacemaker is one of willingness to examine one's faultiness; to understand that the ultimate goal of transcendence is not to restore (to its original) but to create a new way of dialoguing over differences from which growth can occur; to love unconditionally, without corrosion or manipulation; and to understand that the conflict between my clients is not mine to forgive as it stands as a barrier to their understanding of one another. The need for self-examination is of utmost importance to allow for the vulnerability of self and others. I attempt to enter truthfully and lovingly into the disputes of others with the purpose of helping them in locating a place of fairness and caring. As I travel the path of a peacemaker, I agree to enter into a temporary relationship with those in conflict. As a Peacemaker & Life Coach, & Licensed Professional Counselor I hope to assist my clients in conflict to reframe their perspective and arrive at a new place of understanding and acceptance in their relationship to one another. I can only hope to create a space for enrichment and, hopefully, transcendence.

### **QUALIFICATIONS**

I have twenty-six plus years of experience in the field of Psychology and am familiar with the principles of supervision. I was employed by the Catholic Social Agency in PA and filled the role of Clinical Supervisor for approximately two years. I was also licensed in TX to provide supervision for intern and practicum students working toward licensure. I have worked extensively with adults and their families who have suffered from mental and substance abuse illnesses. I have diagnosed, provided crisis intervention and treatment. Most recently I have taught psychology at the community college and university levels while also working in private practice. I maintain my state licensure, liability insurance and national certification. I also have experience in working with EAPs through various Chemical Plants in and around Victoria, Texas. My experience also includes development of a small grant funded program, therapeutic groups, development and maintenance of contracts with various community organizations, and in the development of workshops and presentations. I have worked extensively with substance abusing families and domestic violence in paid and non-paid positions. Prior to leaving NC in 1997, I was working toward a Substance Abuse Certificate in NC – had completed the course work, sat for the exam (which I passed) but had not completed the case study thesis w/panel evaluation. I chose not to obtain a SAC in TX at that time but did continue to work with adults and families with substance abuse diagnoses/issues. While living in TX, I worked with a number of Vietnam Veterans who suffered PTSD. I have completed by second Master's Degree and am currently in private practice and have started my own LLC that will focus on providing mediation & life coaching in my community.

**Email Addresses:**    [Tools4Life15@gmail.com](mailto:Tools4Life15@gmail.com)

## THEORETICAL ORIENTATION

THEORY OF PRACTICE INCLUDES COGNITIVE BEHAVIORAL THERAPY, HUMAN GIVENS APPROACH AND PERON-CENTERED APPROACHES. I UTILIZE COMMUNITY RESOURCES TO BRING ABOUT CHANGE IN THE LIVES OF MY CLIENTS/STUDENTS. EMPHASIS IS PLACED ON MINDFUL INQUIRE AND SELF-EVALUATION ALONG WITH EDUCATION AND REFERRAL AS NEEDED. I REQUIRE ACTIVE PARTICIPATION OF THE CLIENT IN THE THERAPEUTIC SESSIONS.

## WORK HISTORY

10/31/15 - present

### **Tools4Life LLC.**

Certified Mediator in Conflict Resolution and Reconciliation, Life Coach and Licensed Professional Counselor in private practice.

Provide mediation for Family Court Cases and life coaching as it pertains to career decisions and life skills management e.g. resume building, prepping for new employment, communication skills building, parenting education. Also provide mental health counseling and referral to other mental health professionals as needed. Assist clients in creation of an "action plan for life", consultation with agencies, organizations, and other professionals. Assist client in reconciling differences in the hope for peace within family networks. Also develop and deliver workshops on related topics. Supervisor: self/peer consultation

Contact: Rebecca Hedgecock, MA, NCC, LPC @ [Tools4life15@gmail.com](mailto:Tools4life15@gmail.com) – website is tools4lifellc.com.

Office #: 910-987-6491 Fax#: 910-363-4075

05/31/12 – 12/19/18

### **Sapia Psychological Associates, Inc.**

Licensed Professional Counseling in private practice.

Provide individual, conjoint, and family substance and mental health therapy. Create effective treatment plans, consultation with agencies, organizations, and other professionals. Also after hour on-call. Supervisor: self/peer consultation

Contact: Jennifer Sapia, PhD. - 910-457-0800

[Jennifer@jennifersapia.net](mailto:Jennifer@jennifersapia.net)

08/15/08 – 12/13/12

### **Cape Fear Community College**

Temporary Full Time Professor of Behavioral Sciences

Teaching Abnormal Psychology, General Psychology & Developmental Psychology

Pro bono counseling for students

Supervisor: Robert Puckett - 910-362-7119

07/01/10 - 05/31/12      **Tools4 Life Counseling in NC**

Licensed Professional Counseling in private practice  
Provide individual, conjoint, family, addiction and mental health therapy. Create effective treatment plans, consultation with agencies, organizations, and other professionals. Also after hour on-call. Supervisor: self/peer consultation

04/26/04 – 08/01/08      **Magellan/Aetna Behavioral Health**

Managed Care Organization – Outpatient Senior Care Manager

Authorizes and reviews utilization of mental health and substance abuse services provided in inpatient and intermediate care settings; collects and analyzes utilization data; assists with the discharge planning & ambulatory follow up activity; provides member assistance with mental health and substance abuse issues, and participates in special QI projects.

Supervisor: Wendy Metts, RN 610-783-4017

01/31/06- 7/06      **Holcomb Behavioral Health Systems**

Part-time Clinician/Child & Adolescent/Family

Individual, conjoint, and family therapy. Provide counseling, consultation and therapy with individuals, couples, families; consultation with agencies, organizations, and other professionals. Clients include children, adolescents, and adults. Conduct therapy with private pay clients, insurance and work as an EAP (Employee Assistance Program) counselor.

11/18/02 – 4/24/04      **Catholic Social Agency**

Nonprofit Agency Counselor/Clinical Supervisor

Provide counseling, consultation and therapy with individuals, couples, families; consultation with agencies, organizations, and other professionals 65% of the time. Clients include children, adolescents, and adults. 35% administrative and supervision of counseling department.

Supervisor: John Boyne, MSW, LSW - 610-435-1541

1/99 – 12/12/02

**University of Houston at Victoria, Victoria, Texas**

Adjunct Professor of Arts and Sciences

Teaching Industrial/Organizational Psychology

Supervisor: Richard Harrington 361-788-6230

6/01 – 11/8/02

**LifeWorks Counseling Group, Victoria, Texas**

Licensed Professional Counseling in private practice

Individual, conjoint, and family therapy. Provide substance/mental health counseling, consultation with individuals, couples, families; consultation with agencies, organizations, and other professionals. Clients include children, adolescents, and adults. Conduct therapy with private pay clients, insurance and work as an EAP (Employee Assistance Program) counselor. Supervise LPC interns. Created and delivered numerous workshops to community agencies and professionals. Held several contracts with Head Start Agencies, Texas Workforce Commission, Lutheran Family Services (adoption and foster care agency). Also after hours on-call. Sole proprietor 361-580-0800

6/98 – 6/01

**Jack Greeson, Ph.D. & Associates, P.C.**

Full-time Clinician/Independent Contractor

Individual, conjoint, and family therapy. Provide counseling, consultation and therapy with individuals, couples, families; consultation with agencies, organizations, and other professionals. Clients include children, adolescents, and adults. Conduct therapy with private pay clients and work as an EAP (Employee Assistance Program) counselor. Also after hour on-call.

Supervisor: Jack Greeson, Ph.D. 361-578-9190

6/98 - 9/99

**Gulf Bend Center, Victoria, Texas**

Full-time Crisis Intervention Specialist

Provide clinical assessments (initial screenings, Uniform Assessments, create Treatment Plans, and give diagnosis). Provided crisis intervention for priority population in order to evaluate need for psychiatric services through MHMR or local in-patient facility.

Supervisor: Pamela Allen, MA, LPC 361-582-2337

Dr. Robert Lymen

361-582-2334

3/97 - 6/98

**Gulf Bend Center, Victoria, Texas**

Full-time Child and Adolescent Therapist

Provide clinical counseling, e.g., individual, group and family therapy to at-risk children and their families. Also created day treatment programs within the school setting. Various other job expectations include crisis intervention, intake and assessment, and after hours on-call.

Supervisor: Dana Durham 361-575-0611

John Schoonmaker, M.D. 361-575-0611

3/96 - 3/97

**Western Piedmont Community College, Morganton, North Carolina**

Part-time Psychology Instructor

Taught undergraduate WPCC students and inmates at Foothills Correctional Institution General Psychology, Industrial Psychology and Interpersonal Relations.

Supervisors: Carol West, Ph.D. 828-438-6134

Paul Daurelle 828-438-5585 ext. 452

9/96 - 3/97

**South Mountain Children's Home, Morganton, North Carolina**

Family Life Specialist

Provide case management and counseling to long-term foster care children and their families.

Supervisor: Douglas M. McConnell, Director 828-584-1105

Suzanne Franklin, MSW 828-584-1105

1/94 - 8/96

**Burke County Department of Social Services, Morganton, North Carolina**

Clinical Social Work Specialist

Provided clinical counseling to at-risk children, adults and their families.

Supervisor: Susan McCracken, MSW

828-439-2000

1/93 - 1/94      **Foothills Area Mental Health Programs, Morganton, North Carolina**

SPMI Case Management/Social Worker II

Provided case management for severe assessment, diagnosis and counseling services to mentally handicapped children and their families in both individual and group sessions.

Supervisor: Peggy Cronin 828-652-3355 & Tom Hensley 828-438-6230, ext. 207

**EDUCATION**

1/16 – 5/18      Abilene Christian University (MA) in Conflict Resolution and Reconciliation – completed program in 1/18 & graduate in 5/18.

8/08 – 12/08      University of Wilmington, NC – certificate of education (did not complete)

8/00 – 10/00      Doctorate of Education/Counseling Psychology, University of Sarasota, Sarasota, Florida – advisor Dr. Maxell Jackson – 1-800-331-5995  
(via in-residence and internet tutorial) [note: withdrew due to family issues]

05/90 – 12/92      Appalachian State University (MA) in Agency Counseling/Marriage and Family

08/86 – 5/90      Lenoir-Rhyne College/University, Bachelor of Arts (BA) in Psychology Degree

**ACCREDITATIONS**

- ❖ National Board for Certified Counselors - NBCC# - 35323
- ❖ North Carolina LPC #7086
- ❖ Pennsylvania LPC #PC002532 [lapsed b/c of move to NC]
- ❖ Eligible for NC Substance Abuse Professional Certification and Licensed Professional Counselor
- ❖ Texas LPC #14772 [lapsed b/c of move to Pennsylvania]

**PROFESSIONAL AND CIVIC MEMBERSHIP (HISTORICAL BUT IN PROCESS OF RENEWING)**

- ❖ American Counseling Association
- ❖ American Mental Health and Counseling Association
- ❖ International Academy of Collaborative Professionals

**COMMUNITY ACTIVITIES**

- ❖ Lions Club (member while in North Carolina)
- ❖ Burke County Council on the Prevention of Child Abuse (North Carolina)
- ❖ Hospice of South Texas
- ❖ CASA (Court Appointed Special Advocate – in TX)
- ❖ Kiwanis Club – Oak Island/Southport, NC